

MONKSTOWN
Internationa



BOX CUP

SPONSORED BY "TBC"
INVITES YOU TO OUR
8th ANNUAL BOX CUP
IN

ST. JOSEPHS BOYS FC – SPORTS HALL, PEARSE PARK, SALLYNOGGIN
CO. DUBLIN, IRELAND, A96 R2V0
THURSDAY to SUNDAY
25th to 28th JUNE 2020

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**THIS IS AN OPEN CLASS BOXING TOURNAMENT FOR
SCHOOLBOYS/GIRLS, JUNIORS**

***Boxer's must be born in the following year**:*

2009, 2008, 2007, 2006, 2005, 2004, 2003

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Monkstown Dublin Boxing Club are delighted to invite you to our **8th Annual "Monkstown International Box Cup 2019"**. This is Europe's premier schoolboys/girls and Juniors Boxing tournament. We are proudly supported by IABA (Irish Athletic Boxing Association), Dun Laoghaire Rathdown County Council and Globalmedics.com.

Registration for this tournament is through online only at below website. There is a limit of 500 boxers. Registration will be on a first come/first served basis.

www.eventbrite.com/e/monkstown-international-box-cup-2019-tickets-58374733399 (URL to be confirmed)

It would be great if you and your team were part of it. If you have any further queries, please do not hesitate to email me.

Yours in boxing,

JP Kinsella

Monkstown (Dublin) Boxing
Club Ph: 00353851046037

W: www.monkstowndublinboxingclub.com (go live April 2020)

E: paulykinsella@gmail.com

Facebook: Monkstown (Dublin) Boxing
Club #MonkstownBoxCup2020



GROUPS & WEIGHT CLASSES

SKILLS BOUTS Male & Female	BOY/GIRL 1 Male & Female	BOY/GIRL 2 Male & Female	BOY/GIRL 3 Male & Female	BOY/GIRL 4 Male & Female	JUNIOR 1 Male & Female	JUNIOR 2 Male & Female
<i>Born in 2009</i>	<i>Born in 2008</i>	<i>Born in 2007</i>	<i>Born in 2006</i>	<i>Born in 2005</i>	<i>Born in 2004</i>	<i>Born in 2003</i>
26kg	28kg	30kg	32kg	34kg	38kg	40kg
28kg	30kg	32kg	34kg	36kg	40kg	42kg
30kg	32kg	34kg	36kg	38kg	42kg	44kg
33kg	34kg	36kg	38kg	40kg	44kg	46kg
36kg	36kg	38kg	40kg	42kg	46kg	48kg
39kg	38kg	40kg	42kg	44kg	48kg	50kg
42kg	40kg	42kg	44kg	46kg	50kg	52kg
45kg	42kg	44kg	46kg	48kg	52kg	54kg
48kg	44kg	46kg	48kg	50kg	54kg	56kg
51kg	46kg	48kg	50kg	52kg	56kg	58kg
54kg	48kg	50kg	52kg	54kg	58kg	60kg
57kg	50kg	52kg	54kg	56kg	60kg	62kg
60kg	52kg	54kg	56kg	58kg	62kg	64kg
60+kg	54kg	56kg	58kg	60kg	64kg	66kg
	56kg	58kg	60kg	62kg	66kg	69kg
	58kg	60kg	62kg	64kg	69kg	72kg
	60kg	60+kg	64kg	66kg	72kg	75kg
	60+kg		66kg	68kg	75kg	80kg
			66+kg	68+kg	75+kg	80+kg

Please note: The tournament is for **Open Class schoolboys/girls, Junior's boxers only.**
Only boxers born in years above will be allowed enter.

Each boxer must be present with Record Card.

NUMBER OF BOUTS OVER 3 DAYS

Maximum number of boxers in each group will be eight, boxing a Quarter Final on Friday, Semi-Final on Saturday and Final on Sunday. Please note the organising committee will try to enter as many nationalities in each group to give each boxer 'International Experience'
So please register your boxers as soon as possible to avoid disappointment.

THE ORGANISERS RESERVE THE RIGHT OT MOVE PARTICIPANTS BETWEEN CLASSES



PROGRAMME

Thursday 25 June 2020

- Registration, medical & weigh-in between 6pm and 10pm.

Friday 26 June 2020

- Entries emailed to clubs by 11am
- Programs emailed to club by 12pm
- R&J meeting with Tournament Inspector 1pm
- Skills Bouts 2pm (first bout for all skills)
- Boxing to commence at 4pm (until approx 10pm)

Saturday 27 June 2020

- Medical 9am and 10am. Boxing to commence at 11am (until approx 8pm)

Sunday 28 June 2020

- Medical & weigh-in between 8am and 9am. Boxing to commence at 11am (to approx. 6pm)

WEIGHT ALLOWANCE/NUMBER OF WEIGH-INS

Initial weigh in will take place Thursday 6pm to 10pm and no weight allowance is given. All boxers will not have to weigh in on Saturday – but will weigh in on Finals Day Sunday morning between 8am & 9am at which point each boxer will be allowed a 1kg allowance.

RINGS

There will be 3 rings in operation on Friday, Saturday & Sunday. There will also be a training ring in place – this will be used to accommodate overflow of Skills Bouts on Sunday if necessary.

R&J

It is recommended that each club bring a Referee & Judge with them, but this is not essential. Each R&J must be registered to relevant governing body. Please register ASAP & do not forget Record Card.

ACCOMMODATION

It is up to each club to book their own accommodation for the weekend. To see a list of recommended Hotels & B&B's, please see page 5.

MEALS/SHOPS

The Cafe will be open for Breakfast, Lunch & Dinner at the venue, A daily rate of €30 per day per person is available for teams – must sign up before Friday 29th May 2020 to avail of daily offer .

A Shop will be open for the duration of the tournament shop T-Shirts and memorabilia.



TRAINING

Monkstown Boxing Club Gym will open for the duration of the competition if any club wishes to use the facilities

FEMALE BOXERS

The health and safety of all our boxers is of utmost importance. Therefore, pregnancy declaration forms & record cards must be signed 2 days before tournament by parent & boxer. Hair nets, bandanas or cloth swim hats must be worn under head guards while boxing

DRAW/PROGRAMS

Entries will be emailed to all clubs by 11am on Friday morning. Each club will be requested to check their entries and make sure they are in the correct weight class/age group. Clubs will have 1 hour to send amendments. Programs will be emailed by 12 O'Clock.

ROUNDS

All bouts for Boy/Girl1 to Boy/Girl4 (years 2008 to 2005) will be boxed over 3 rounds at 1.5minute per round, with 1 minute break. All bouts for Junior1 & Junior2 (years 2004 & 2003) will be boxed over 3 rounds at 2minute per round, with 1 minute break..

SKILLS/BOUTS

Skills bouts for Boys/Girls born in years 2009 will be boxed over 3 rounds at 1minute per round, with 1 minute break. They will have an initial & only weigh (but will get a medical check each morning). We will try our best to give each boy/girl at least 2 skills bouts – they will be boxed Friday at 2pm, and Saturday at 11am.

STREAMING

All bouts will be streamed live on website (TBC) for a fee (approx. €5)

REGISTRATION FEE

€25 (Non refundable) for each competitor must be paid online at www.eventbrite.com/e/monkstown-international-box-cup-2019-tickets-58374733399

Entries are by first come first served basis.

Central Information/Website: www.monkstowndublinboxingclub.com

Email: paulykinsella@gmail.com

Phone: JP Kinsella 00353851046037



R&J ENTRY FORM

Name:

Affiliated Club:

Gender: Male/Female *Delete where applicable

D.O.B: / /

International experience:

Mobile Tel number:

Email Address:

****Bring passport Photo Registration**

Please return by email or post to:

**JP Kinsella
Monkstown Box Cup 2020
3rd Floor, Mounttown Community Facility, Fitzgerald
Park,
Monkstown,
Co. Dublin,
Ireland**



Hotels & B&B's list:

Kingstown Hotel,
Dun Laoghaire,
Co. Dublin
Ph: +353 1 2801810

<http://www.kingstonhotel.com>

Distance (by taxi)

Venue: 12mins

Royal Marine Hotel
Dun Laoghaire,
Co. Dublin
Ph: +353 1 2300030

<http://www.royalmarine.ie>

Distance (by taxi)

Venue: 12mins

Rochestown Lodge Hotel
Dun Laoghaire,
Co. Dublin
Ph: +353 1 2853555

<http://www.rochestownlodge.com/>

Distance (by taxi)

Venue: 6mins

Stillorgan Park Hotel,
Stillorgan,
Co. Dublin
Ph: +353 1 2001800

<http://www.stillorganpark.com/>

Distance (by taxi)

Venue: 15mins

Royal Hotel Bray
Bray,
Co. Wicklow
Ph: +353 1 2841334

<http://www.royalhotel.ie>

Distance (by taxi)

Venue: 10mins

Lyden B&B,
Dun Laoghaire,
Co. Dublin
Ph: +353 1 2806404

<http://www.lyndenbandb.com/>

Distance (by taxi)

Venue: 12mins

Mulgrave Lodge
Dun Laoghaire,
Co. Dublin
Ph: +353 1 2801664

<http://www.mulgravelodge.com/> <http://www.ferryhousedublin.com/>

Distance (by taxi)

Venue: 12mins

Ferryhouse B&B
Dun Laoghaire,
Co. Dublin
Ph: +353 1 2808301

Distance (by taxi)

Venue: 12mins

Tara Hall B&B
Dun Laoghaire
Co. Dublin
Ph: +353 1 2805120

<http://www.tara-hall.ie/>

Distance (by taxi)

Venue: 12mins

Santa Cruz B&B
Dun Laoghaire,
Co. Dublin
Ph: +353 1 2841334



Previous Results:

2013 <http://amateur-boxing.strefa.pl/Tournaments/MonkstownBoxCup2013.html>

2014 <http://amateur-boxing.strefa.pl/Tournaments/MonkstownBoxCup2014.html>

2015 <http://amateur-boxing.strefa.pl/Tournaments/MonkstownBoxCup2015.html>

2016 <http://amateur-boxing.strefa.pl/Tournaments/MonkstownBoxCup2016.html>

2017 <http://amateur-boxing.strefa.pl/Tournaments/MonkstownBoxCup2017.html>

2018 <http://amateur-boxing.strefa.pl/Tournaments/MonkstownBoxCup2018.html>

2019 <http://amateur-boxing.strefa.pl/Tournaments/MonkstownBoxCup2019.html>

Media Highlights:

2014 <https://www.youtube.com/watch?v=E7g-y9OaevI>

2015 <https://www.facebook.com/1888Productions/videos/1109196915761444/?fref=fb>

2016 <http://www.knockout.no/Video/a/tabid/307/ID/425/Monkstown-Box-Cup-2016.aspx>

2018 www.knockout.no

The story of Monkstown Boxing Club "Its my Medicine": <https://youtu.be/zeJZ8jmCuKo>



